

Ruthven-Ayrshire 2018 November Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pancake on a Stick Fruit Juice Milk	Breakfast Breakfast Pizza Fruit Juice Milk	Breakfast Egg Ham Combo, Bagel Fruit Juice Milk	Breakfast French Toast, Sausage Fruit Juice Milk	Breakfast Cereal, Muffin Fruit Juice Milk
			Beef & Noodles 1 Green Beans Peaches Roll Milk	2 NO SCHOOL
Sloppy Joe on Bun 5 Baked Beans Mixed Fruit Chips Milk	Pepperoni Pizza 6 Green Beans Peaches Milk	Pulled Pork on Bun 7 Tater Tots Tropical Fruit Cookie Milk	Goulash 8 Garden Salad Apple Breadstick Milk	Crispito 9 Cheese/Lettuce Corn Pears Milk
Chicken Patty on Bun 12 Corn Mandarin Oranges Milk	Hamburger on Bun 13 French Fries Fresh Fruit Milk	Sliced Turkey 14 Mashed Potatoes w/Gravy Dinner Roll Pumpkin Bar Milk	Fish Nuggets 15 Cooked Carrots Pears Milk	Chili 16 Cinnamon Roll Baby Carrots Sliced Apples Milk
Chicken Fajita on Shell 19 Cheese/Lettuce Corn Peaches Milk	Rib on Bun 20 Augratin Potatoes Strawberries/Bananas Milk	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
Pork Patty on Bun 26 Baked Beans Rosy Applesauce Milk	Chicken Alfredo 27 Broccoli Fresh Fruit Breadstick Milk	Ravioli 28 Garden Salad Peas Dinner Roll Milk	Cheesy Ground Beef & Noodles 29 Peas Apples Bread/Butter Milk	Chicken Quesadilla 30 Cheese/Lettuce Corn Peaches Milk

Lunch Prices

Full Price -	\$2.65
Reduced Lunch -	\$.40
Full Breakfast -	\$1.40
Reduced Breakfast -	\$.30
Adult Lunch -	\$3.65

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

NOTE: BOTH WHITE & CHOCOLATE MILK WILL BE AVAILABLE EVERY DAY.

It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>.